

Uplands



CHICKEN

Uplands is a small, regenerative farm in Delhi, NY focused on raising nutrient-dense food while improving soil health and biodiversity. We specialize in pasture-raised poultry, moving our chickens daily to fresh grass where they forage, fertilize, and contribute to a thriving pasture ecosystem.

We're committed to ethical, regenerative farming that supports our local community and reconnects people with where their food comes from. In addition to poultry, we grow cut flowers and are expanding into other products, all with the same emphasis on stewardship and transparency.



Connect with
the Farm:



Uplands

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Delhi, NY 13753

email: hello@uplands.co
scan to visit the website:

