Isn’t it amazing to think that many of the youth born since 2000 have no idea what life is like without the internet and 24/7 social media access? The digital age has ushered forms of social interaction and knowledge acquisition unlike anything known in recorded human history. This workshop will summarize what we know and do not yet know about how social media is impacting youth development and wellbeing. It will focus specifically on mental health and cyberbullying and will include a description of current and evolving efforts to reduce the possible negative impacts of social media on development.

WEDNESDAY, MARCH 14, 2018
(SNOW DATE MARCH 16)
10:00 AM - NOON
NEW HOPE CHURCH
45 STOCKTON AVENUE, WALTON

Advance registration required by March 7th - SPACE IS LIMITED

About the Presenter: Janis Whitlock is a Research Scientist in the Bronfenbrenner Center for Translational Research. She is also the Director of the Cornell Research Program on Self-Injury and Recovery. She is the author of multiple publications on non-suicidal self-injury in adolescence and young adulthood, social media and mental health and in youth connectedness to schools and communities.

For more information or to register for this free training call 607-865-6531 or email: nc225@cornell.edu
Please contact our office if you have any special needs.

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